



Term 4 Classes & Activities

OCTOBER TO DECEMBER 2026

Endeavour Hills Neighbourhood Centre Inc.
10 Raymond McMahon Blvd Endeavour Hills 3802
(03) 9700 3789 | www.ehillsnc.org.au | info@ehillsnc.org.au
Office hours: Monday to Friday 8:45am-3.15pm (during school terms)





Centre Information

ENROLMENTS

Enrolments can be made by visiting the Centre or by mail. Complete the enrolment form (available on our website) and together with payment forward to the Centre.

There is an annual enrolment fee of \$10 or \$5 concession. Eftpos facilities are available.

SHORT COURSE FEES

Full course fees for programs or activities are due when enrolling.

INTERNET PAYMENTS

Endeavour Hills Neighbourhood Centre
BSB: 013 288
Account: 3064 31233
Reference: Student name

CANCELLATIONS

The Centre may at times cancel a short course if the minimum class numbers are not achieved. If this occurs, you will be contacted in advance and all fees paid will be refunded.

REFUNDS

A full refund will be given if notification is received 5 working days prior to the commencement of the course. **There is no discount or refund for missed classes.**

Please note: All details in this term program were correct at the time of printing. The Centre reserves the right to change Class, times, dates and fees when necessary.

The Centre is supported by the City of Casey and the following:



Term 4: 5 October—16 December 2026

All classes can be joined at any time during the term.
Annual enrolment fee applies to all programs, including
free activities.

community, connection, & life-long learning

New

CHRISTMAS IN ENDEAVOUR HILLS TOWN SQUARE

WEDNESDAY 2 December 2026, 2.00pm-5.00pm

Venue: Endeavour Hills Town Square—outside
the Library

A free event for the community, come along and enjoy the attractions: face painting, kids activities/crafts, free sausage sizzle and entertainment. This is a joint initiative and celebration organized by the Endeavour Hills Neighbourhood Centre, Library, and Endeavour Hills Leisure Centre.



SOCIAL INCLUSION WEEK

“connect collaborate celebrate”

Join us for Social Inclusion Week, 21–29 November 2026, and take part in simple, enjoyable activities that bring people together and celebrate connection, belonging and community. Come along to the Centre for a relaxed and friendly drop-in session. Share a cuppa and a chat, unwind with mindful colouring, add a few stitches to our community knitting project, or enjoy a jigsaw puzzle with others in a welcoming local space.

New Classes and Activities

THE HEALTHY BUDGET FRIENDLY SNACK CHALLENGE

Can you snack well for a whole week without blowing your budget? Come along for a fun, hands-on community session where we'll taste, try and discover healthy, affordable snack ideas you can actually use at home. You'll leave with recipes, a shopping list and plenty of ideas to try — no lectures, just good food and practical tips!

Free community class — everyone welcome.

Partnering with Balla Balla Community Centre.

Supported by Victorian Government



TUESDAY 12.30pm-1.30pm 10 November (1 week) Cost: Free

GET ONLINE WEEK—GETTING TO KNOW APPS

Join us for this hands-on digital skills session designed to help older adults build confidence using apps on their smartphones and tablets. Participants will learn what apps are, how to safely download and update them, recognize trusted apps, manage privacy settings, and explore useful apps for communication, health, transport, shopping, banking, entertainment, and government services.

Bookings essential: Phone 9700 3789



FRIDAY 12.30pm-2.30pm 23 Oct (1 week) Cost: Free

3D PRINTING—MAKE A CHRISTMAS COOKIE CUTTER

Looking to make your own custom cookie cutters? Join us for this 3D printing session presented by Connected Libraries, where you'll learn how to design your own cookie cutter for cooking or craft.

With Christmas just around the corner, why not create a festive design to use at home or give as a gift?

Designs will be created during the session, with participants able to collect their finished cookie cutters from the Neighbourhood Centre at a later date once printing has been completed.

Note: You will require a current Library membership to access the design program—joining is free at www.connectedlibraries.org.au/join/

Book your spot today—phone 9700 3789.

MONDAY 10.00am-11.30am 12 Oct (1 week) Cost: Free

New Classes and Activities

BEGINNERS SEWING CLASS

Ever wanted to learn how to sew your own clothes or creative projects? With support from an experienced tutor, you'll build confidence using your sewing machine while learning key skills such as threading, stitching, and basic techniques for everyday projects.

You'll also learn how to read sewing patterns, select and cut fabric, understand different stitch uses, and become familiar with your sewing machine functions, including basic care and maintenance.

Fabrics are provided. Please bring your own sewing machine, cotton/thread, scissors, and machine needle.

WEDNESDAY 4.00pm-6.00pm 4 Nov—25 Nov (4 weeks)
Cost: \$48.00

SUSTAINABLE GIFT WRAPPING

Get creative this Christmas and design your own unique gift wrap using sustainable materials. Over two weeks, you'll explore simple, eco-friendly decorating techniques and create beautiful wrapping paper to take home. A relaxed, hands-on program perfect for adding a personal touch to festive gifts. All materials included.

WEDNESDAY 10.00am-12.00pm 18 Nov—25 Nov (2 weeks)
Cost: \$30.00

CREATIVE MOSAICS

Create a fabulous large mosaic tile to display in your home or garden in this hands-on three-week workshop. Learn each step of the process, including planning your design, cutting glass, tiling and grouting, while creating your own unique piece. Participants must attend all three sessions. Proudly supported by City of Casey Ageing Positively Festival.

WEDNESDAY 9.30am-12.00pm 14 Oct—28 Oct (3 weeks)
Cost: \$10.00

MAKE A CHRISTMAS STOCKING

Create a one-of-a-kind Christmas stocking using festive fabric and a sewing machine. Learn how to cut, sew and assemble your stocking with simple tips and tricks along the way. Perfect to use at Christmas time or give as a handmade gift.

THURSDAY 6.00pm-8.00pm 26 Nov (1 week)
Cost: \$15.00

Gardening

**All Gardening activities located at our Garden facility:
11 Hellyer Way, Endeavour Hills.**

Bookings essential—phone 9700 3789

GARDEN CLUB: GROWING EVERYTHING TOGETHER

Looking for a friendly group to dig into gardening with? Our Garden Club offers a structured program covering all areas of gardening—flowers, annuals, edibles, orchards, and more. Each session includes a hands-on activity, a seasonal project, and relaxed discussion. It's a welcoming space to learn, grow, and build friendships, no matter your experience level.

FRIDAY 9.30am-11.30am 9 Oct—11 Dec (10 weeks)

Cost: \$5.00 per class or \$45 per term plus centre enrolment fees.

GARDEN WORKSHOPS

★ **All workshops below, Tuesdays 10.00am-11.30am.**

Cost: \$8 per session

★ **Pressed Flowers — 20 October and 10 November**

Discover the beauty of pressed flowers across two relaxing, hands-on workshops. In Workshop 1, learn how to select, prepare and press flowers using traditional flower presses. In Workshop 2, bring back your pressed flowers to create bookmarks, handmade cards or a framed display. Ideal for beginners and nature lovers, with all materials provided.

★ **Build a Native Bee Home — 17 November**

Build your very own little home for native bees using simple, natural materials. No experience needed — we'll provide everything. You build it, decorate it, and take it home to put in your garden! Come along, get creative, and help provide safe nesting spaces for our amazing native bees.

★ **Create a Hanging Herb Circle — 1 December**

Get creative making your very own hanging herb circle! Learn how to combine herbs into a beautiful, practical hanging garden that you can take home and enjoy.

★ **Paint a Pot for Christmas — 8 December**

A hands-on workshop at the garden facility to decorate your very own pot with a festive Christmas design! A fun, relaxed workshop for everyone — bring your creativity and we'll provide the pots, and everything you need.

English Language and Literacy

ENGLISH as an Additional Language

Improve your reading, writing and speaking skills in this small and friendly class. Practise your conversation skills to assist you with shopping, banking and other everyday tasks. Gain the confidence to go on to further study or get a job. Suitable for beginners to intermediate.

Students must be permanent residents or Australian citizens to be eligible for this government funded class.

This is a Learn Local endorsed course.



TUESDAY 9.00am-1.00pm 6 Oct—15 Dec (10 weeks)
Cost: *\$43.00; Concession: \$15.00 *No class 3 Nov*

WEDNESDAY 9.00am-1.00pm 7 Oct—16 Dec (11 weeks)
Cost: *\$43.00; Concession: \$15.00

**Government funded rate*

ENGLISH

This class focuses on general English and learning skills to help you with everyday living. A mixed level class suitable for all levels. This is a Learn Local endorsed course.



MONDAY 9.30am-1.30pm 5 Oct—14 Dec (11 weeks)
Cost: *\$43.00; Concession: \$15.00

THURSDAY 9.30am-1.30pm 8 Oct—10 Dec (10 weeks)
Cost: *\$43.00; Concession: \$15.00

**Government funded rate*

Computer Skills

CASUAL COMPUTER SKILLS—EVERYONE WELCOME

Do you want to feel more confident using your computer, phone, or tablet? Join our **Casual Computer Skills Class** — a relaxed, friendly space where you can learn at your own pace. We'll cover **everyday computer skills** based on what *you* want to learn — whether it's sending emails, browsing the web, managing files, or anything else you're curious about. **What to bring:** Your device (laptop, phone, tablet) and your questions! No pressure, no tech jargon — just practical help and patient support.

WEDNESDAY 9.30am-12.00pm 14 Oct—28 Oct (3 weeks)
Cost: \$25.00; Concession: \$20.00

General Interest

INTERNET COMPUTER CLUB

Get together with other people who share your interest in computers and the Internet. This is an informal group for people who have basic computer knowledge, and would like to socialise while exploring new computer programs and functions and to extend their computer knowhow.

THURSDAY 9.45am-11.45am 8 Oct—10 Dec (10 weeks)
Cost: \$3.00 per week

SINGING FOR FUN

Unleash your inner melody at our 'Singing for Fun' sessions, an informal gathering of vocal enthusiasts who just want to sing for enjoyment. No experience necessary. Welcome to stay for a cuppa after the session.

FRIDAY 10.00am-11.30am 16 & 30 Oct, 13 & 27 Nov, 11 Dec
Cost: \$3.00 per session

BEGINNER PHOTOGRAPHY CLASSES

Want to learn how to take better photos and get clearer shots? Get to know your camera, understand the main controls on a camera (DSLR) and their functions; how to change settings and shoot in different modes. Bring your fully charged camera and manual if you have one.

FRIDAY 10.00am-12.00pm 6 Nov—20 Nov (3 weeks)
Cost: \$15.00

Art and Craft

ALL ABILITIES CRAFT

In the all abilities craft sessions there will be a range of general crafts to do, learn new techniques and get creative. Materials supplied.

WEDNESDAY 10.30am-12.30pm 14 Oct—16 Dec (8 weeks)
Cost: \$20.00 or \$3.00 per class *No class 11 Nov or 2 Dec*

CRAFT, CARDS and CHAT—Zoom Group

Craft and chat the night away with like-minded people. Join in if you would like some company, just zoom in on your phone or device—zoom link will be sent upon enrolment.

TUESDAY 7.00pm-10.00pm 6 Oct—15 Dec (11 weeks)
Cost: Free (Annual enrolment fee payable \$10.00 or \$5.00 conc.)

Art and Craft

EMBROIDERY or PATCHWORK

Choose and work on your own projects (whether it is patchwork or embroidery) with help and advice from the tutor. For the beginner the tutor can help select designs, teach techniques and give suggestions on colours.

WEDNESDAY 12.30pm-2.30pm 7 Oct—2 Dec (8 weeks)
or **THURSDAY** 9.15am-11.45am 8 Oct—3 Dec (8 weeks)
No classes 14 and 15 Oct

Cost: \$80.00 plus materials. Casual rate \$15.00 per class.

PATCHWORK FRIENDSHIP GROUP

For anyone who loves patchwork and quilting and enjoys sharing ideas. New members must have basic skills in patchwork and quilting as there is no tutor. BYO projects and equipment.

TUESDAY 9.30am-12.00noon 6 Oct—15 Dec (10 weeks)
Cost: \$3.00 per week *No group 3 Nov*

KNITTING 'n' CROCHET

A friendly group for all levels, from beginners to advanced (our friendly volunteer can show beginners how to get started). Enjoy some company and a chat while you knit or crochet. BYO needles and wool.

TUESDAY 12.30pm-2.30pm 6 Oct—15 Dec (10 weeks)
or **WEDNESDAY** 1.00pm-2.45pm 7 Oct—16 Dec (11 weeks)
Cost: \$3.00 per week

CARD MAKING/ SCRAPBOOKING FRIENDSHIP GROUP

This group is for card making or scrapbooking enthusiasts. Set aside time to get together with other crafty people to share ideas or to complete those unfinished paper projects. BYO own materials.

MONDAY 12.00pm-2.30pm 5 Oct—14 Dec (11 weeks)
Cost: \$3.00 per week

COFFEE AND CARDS

A friendship group for people interested in card making or papercraft. BYO materials/projects and craft with company and a cuppa.

TUESDAY 12.00pm-2.30pm 6 Oct—15 Dec (10 weeks)
Cost: \$3.00 per week *No group 3 Nov*

Art and Craft

CREATIVE ART CLASSES

Experiment with different art techniques and mediums including acrylic paint, watercolour paint, print making, charcoal and pastel, mixed media art and fabric art. Produce an interesting new piece of art each week and learn some new art skills. Suitable for all levels. All materials provided.

THURSDAY 12.00pm-2.00pm 8 Oct—10 Dec (10 weeks)
Cost: \$110.00 for 10 weeks or casual \$12.00 per class

BEGINNERS CARDMAKING with MARIA

Discover the world of papercraft and enjoy making handmade greeting cards. You will be shown the basics and learn techniques to make cards with fellow crafters. Suitable for card makers of any level.

FRIDAY 10.00am-12.00pm 6 Nov—20 Nov (3 weeks)
Cost: \$20.00 (includes all materials)

CARD MAKING WORKSHOPS

Don't miss these fabulous card-making workshops. Try out different techniques using inks, stamps, dies, and more. Includes materials.

Stampin' Up! With Michelle

WEDNESDAY	10.00am-12.00pm	7 Oct	Cost: \$25.00
WEDNESDAY	10.00am-12.00pm	11 Nov	Cost: \$25.00
WEDNESDAY	10.00am-12.00pm	2 Dec	Cost: \$25.00

Note: Kit fee of \$10 charged for late cancellations.

SCRAPBOOKING—THEMED KIT

Are you keen to learn great scrapbooking techniques or get started on memory keeping? Create a beautiful double page spread using a themed scrapbooking kit. The kit includes all the supplies you need such as patterned papers, stickers, embellishments to create three pre-designed 12" x 12" double spreads with space for photos and journalling, including step-by-step instructions. Photos are not required in class. Suitable for all crafting levels. BYO basic tools (scissors, adhesive and trimmer if you have it).

FRIDAY 10.00am-12.00pm 27 November (1 week)
Cost: Class \$15.00
Kit cost: \$67—pre-order and pay by 13th November

Art and Craft

MADE WITH LOVE QUILTERS

Made with Love Quilters are a dedicated group of ladies who make quilts for charity. Anyone is welcome to come and help out, all materials supplied to make the quilts. Come for a few hours or stay all day - BYO lunch.

Last FRIDAY of the month
Time: 9.30am-2.30pm

30 Oct, 27 Nov, 11 Dec
Cost: \$3.00 per session

Health and Fitness

GENTLE CORE STRENGTH WORKOUT

Strengthen, lengthen, trim and tone with this low impact workout for all ages and most abilities. Standing exercise for balance and posture and seated exercises for deep core and hip strength (no floor or mat work). BYO resistance bands. Contact the Centre on 9700 3789 for enquiries.

TUESDAY 1.00pm-1.45pm 6 Oct—15 Dec (10 weeks)
Or 2.00pm-2.45pm *No class 3 Nov*
COST: \$55.00 per term or \$6.00 per class

GENTLE EXERCISE FOR WELLBEING

Improve your strength, flexibility, and wellbeing in this gentle, low-impact class with a Pilates focus. Using seated exercises, you'll move at a comfortable pace while building confidence, enhancing mobility, and supporting overall health in a safe and supportive environment.

Partnering with Endeavour Hills Leisure Centre

WEDNESDAY 2.00pm-2.45pm 7 Oct—9 Dec (10 weeks)
COST: \$55.00 per term or \$6.00 per class

GENTLE EXERCISE—FUNCTIONAL FITNESS

Build strength and stability with gentle exercises (standing and seated) for all fitness levels. Improve posture, balance and flexibility through mindful movements that prioritise comfort, safety and progression. Classes can be adapted to suit abilities and requirements. Bookings phone 9700 3789.

FRIDAY* 10.30am-11.15am 9 Oct—11 Dec (10 weeks)
Or 11.30am-12.15pm
COST: \$55.00 per term or \$6.00 per class

*Partnering with the Endeavour Hills Leisure Centre for Friday classes.

Activity Groups / Special Interest

For all activities in this section please direct all enquiries to the contacts provided.

ENDEAVOUR HILLS PROBUS CLUB

Endeavour Hills Probus Club is open to all retirees over 55 and holds monthly activities. Our aim is fun and friendship for retirees.

Meetings held 10.00am-12.00pm every 3rd Monday of the month

Details: Phone David **0407 565 804** or google "Endeavour Hills Probus".

ZUMBA / LATIN DANCE FITNESS

Zumba combines hypnotic Latin rhythms and easy to follow moves to create a unique fitness program that is so much fun you won't even count it as hard work.

WEDNESDAYS 7.00pm-8.00pm

Cost: \$15.00 per class

Bookings: Phone Claudia **0481 170 788**

PILATES—BEGINNER MAT CLASS

This class focuses on core stability, flexibility, postural control, breathing, alignment and rehabilitation. Suitable for all ages and fitness levels. Please bring a mat, towel and drink bottle.

MONDAYS 9.30am-10.30am—Beginners

10.30am-11.30am—Intermediate/Advanced

Bookings: Phone Leigh **0422 438 774**

LINE DANCING

Join this fun, beginner-friendly line dancing class. Learn simple steps, improve coordination, and enjoy great music in a welcoming atmosphere. Perfect for all ages and skill levels. No partner needed—just bring your enthusiasm and let's dance!

FRIDAYS 1.00pm-2.30pm

Cost: \$8.00 per class

Bookings: Contact Maria **0400 866 887** (message only).

3D+ SQUARE DANCING CLUB

Square Dancing covering the Plus Level program for experienced dancers. Fun and exercise set to music in a relaxed and friendly atmosphere. Beginner classes may be run on request if sufficient interest exists.

FRIDAYS 6.30pm-10.00pm

Contact: Colin **0438 515 873** or email colin.tigerman@gmail.com

Activity Groups / Special Interest

For all activities in this section please direct all enquiries to the contacts provided.

TAI CHI

Promotes harmony of mind and body. Tai Chi is meditation in motion, movements are slow and gentle. Promotes strength, flexibility, coordination, relaxation and cognitive function. Suitable for all ages. All classes are inclusive and suitable for beginners and intermediate.

MONDAY 2.00pm-3.00pm 5 Oct—14 Dec (7 weeks)
Cost: \$14.00 per class or \$12.00 concession *No classes 8—30 Nov*
Bookings: Phone Sandra **0402 739 702**

BOLLYFIT

Spice up your fitness routine with the hottest beats with Bollyfit by NataliG, the ultimate Bollywood inspired workout. Bollyfit combines the elements of high intensity workout with cultural enrichment of Bollywood dance, featuring dance styles such as Bhangra, Bollywood and Hip Hop.

TUESDAYS 6.30pm-7.20pm
Cost: \$12 per session or 4 classes for \$40. Initial free trial for 1 class.
Bookings: Phone Dhakshi **0420 867 790**

LYNN'S LEARNING

English and Maths tuition for Prep to Year 10 students. Individualised extension and remedial programs, mathematical skills, creative writing techniques, ICAS, NAPLAN & scholarship preparation. Call to book your free assessment. Find out more at <http://www.lynnlearning.com>

MONDAY 3.45pm-6.45pm 5 Oct—7 Dec (10 weeks)
SATURDAY 1.30pm-4.30pm 10 Oct—12 Dec (10 weeks)
Bookings: Phone **9796 8779**

DEAF COMMUNITY HUB

The Deaf Hub brings the deaf and hard of hearing back together through offering various sport, recreation, community and social development programs. Enjoy a variety of social community activities and programs. For further information please contact ***vic@deafsports.org.au***

Deaf Drop-In Centre: Coffee and chat every
1st Thursday of the month, 1.00pm-4.00pm

Activity Groups / Special Interest

MEDITATION—FREE classes

Learn meditation on the inner light. A simple but effective method to bring out your innermost qualities, enhance your powers of concentration and benefit you at the physical, emotional, intellectual and spiritual levels.

TUESDAY 1.45pm-2.45pm

6 Oct—15 Dec (10 weeks)

Bookings: Phone Sharon **0419 308 475**

No session 3 Nov

YOGA

Introducing Yoga classes for everyone. Learn Yoga, relaxation and meditation. Dress comfortably and bring your own yoga mat along.

TUESDAY 3.00pm-4.00pm

6 Oct—15 Dec (10 weeks)

Cost: \$50.00 for the term or \$5.00 per class *No session 3 Nov*

Bookings: Phone Sharon **0419 308 475**

Room Hire

Function Rooms

Two multipurpose function rooms for regular or casual hire. Seats 60-70 people, suitable for presentations, concerts, classes, meetings, and special occasions. Features: moveable tables, 70 chairs, whiteboard, kitchen access (for reheating and serving food/refreshments only—no cooking on premises).

Meeting Room

A meeting room for regular or casual hire—seats 10-15.

Suitable for meetings, classes, consultations, and networking.

Features: moveable tables and chairs, whiteboards, TV, tea and coffee making facilities available in the kitchen.

Special rates applicable for community not-for-profit groups (conditions apply). For bookings and further information please phone **9700 3789**.

OTHER GROUPS WHO ATTEND THE CENTRE

- ❖ At Work Australia - Monday to Friday
- ❖ WISE Employment - Mondays, Tuesdays and Thursdays
- ❖ Probus - 3rd Monday of the month 10.00am-12.00pm - all retirees welcome
 - ❖ Brazilian Assembly of God (Portuguese/English) - Sundays 10.30am
 - ❖ Afghan Australian Philanthropic Association
- ❖ Arabic Language and Tajweed Institute - Sat / Sun during school terms

Our Team

Kathryn Holden
Manager

Cathy Froiland
Program Co-ordinator

Get in Touch

Email: info@ehillsnc.org.au

Phone: (03) 9700 3789

Office Hours:
Monday to Friday 8.45am-3.15pm
Closed school and public holidays

Address:
Lower Level
10 Raymond McMahon Blvd
Endeavour Hills 3802

Postal Address:
PO Box 216
Endeavour Hills 3802

We are committed to the safety, participation and empowerment of all children regardless of abilities, age, gender, sexuality, the cultural safety of Aboriginal children and our CALD community and have zero tolerance for child abuse.

We respectfully acknowledge the Traditional Custodians of the lands where we gather—Australia's First Peoples. We pay our respects to their Elders, past and present, and honour their enduring connection to Country.



Belinda Wilson MP

State Member for Narre Warren North

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📍 Shop 101, Endeavour Hills Shopping Centre, Matthew Flinders Ave, Endeavour Hills.

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Our mission is to provide a friendly, inclusive environment that encourages participation from our diverse community, through a broad range of activities fostering social interaction and life-long learning.

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Ph: 9700 3789 | www.ehillsnc.org.au | info@ehillsnc.org.au
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Bus Routes: 845, 849 & 861 Dandenong to Endeavour Hills/Mossgiel Park