



# Term 2 Classes & Activities

APRIL TO JUNE 2026

Endeavour Hills Neighbourhood Centre Inc.  
10 Raymond McMahon Blvd Endeavour Hills 3802  
(03) 9700 3789 | [www.ehillsnc.org.au](http://www.ehillsnc.org.au) | [info@ehillsnc.org.au](mailto:info@ehillsnc.org.au)  
Office hours: Monday to Friday 9am - 3pm (during school terms)





## Centre Information

### ENROLMENTS

Enrolments can be made by visiting the Centre or by mail. Complete the enrolment form (available on our website) and together with payment forward to the Centre.

There is an annual enrolment fee of \$10 or \$5 concession. Eftpos facilities are available.

### SHORT COURSE FEES

Full course fees for programs or activities are due when enrolling.

### INTERNET PAYMENTS

Endeavour Hills Neighbourhood Centre  
BSB: 013 288  
Account: 3064 31233  
Reference: Student name

### CANCELLATIONS

The Centre may at times cancel a short course if the minimum class numbers are not achieved. If this occurs, you will be contacted in advance and all fees paid will be refunded.

### REFUNDS

A full refund will be given if notification is received 5 working days prior to the commencement of the course. **There is no discount or refund for missed classes.**

*Please note: All details in this term program were correct at the time of printing. The Centre reserves the right to change Class, times, dates and fees when necessary.*

*The Centre is supported by the City of Casey and the following:*



## Term 2: 20 April—26 June 2026

All classes can be joined at any time during the term.  
Annual enrolment fee applies to all programs, including free activities.

# community, connection, & life-long learning

New

## NEIGHBOURHOOD HOUSE WEEK

"Your place to connect"

Monday 11 May 2026, 12.00pm - 1.30pm

We are having a community-led Lunch Initiative during Neighbourhood House week. Bring a plate to share.

Come join us in celebrating connection, community and bringing people together.

Phone 9700 3789 to let us know you are coming.



NEIGHBOURHOOD

HOUSE WEEK

11-17 MAY 2026

your place to  
connect



## BIGGEST MORNING TEA

Thursday 21 May 2026, 10.30am-11.30am

Join us to celebrate the Cancer Council's Biggest Morning Tea. All money raised goes to the Cancer Council fundraising appeal. All welcome—phone 9700 3789 to let us know you are coming.

# New Classes and Activities

**ELECTRIFYING  
COMMUNITIES**

## **FIRST STEPS TO AN ELECTRIC HOME**

**LOWER YOUR POWER BILLS!**

### **ELECTRIFYING COMMUNITIES**

**WEDNESDAY 6 May 2026**

Time: 9.30am-11.00am

Electrifying communities involves transitioning residential, commercial, and transport energy systems from fossil fuels (like gas and petrol) to renewable electricity. This process is designed to reduce household energy bills, lower greenhouse

gas emissions, and improve indoor air quality.

This session will provide information for households changing to electric to save money, improve health and create a cleaner future.

Bookings essential—phone 9700 3789.

### **DRIVER REFRESHER COURSE**

**For drivers aged 55 years and over**

Registrations are now open for the City of Casey's FREE 4-week Wiser Driver education program. Sessions will be held at the Neighbourhood Centre and facilitated by Access Health and Community. The course aims to improved your confidence, independence and road safety skills.

Participants must complete all 4 sessions.

**WEDNESDAY** 10.00am-12.00pm 13 May—3 Jun (4 weeks)

Bookings: Register online at <https://www.trybooking.com/DINAN>

Or alternatively email [positiveageing@casey.vic.gov.au](mailto:positiveageing@casey.vic.gov.au)  
or call 9705 5200.

### **PLANNING AHEAD—WILLS AND POWERS OF ATTORNEY**

**Wednesday 20 May 2026, times 1.00pm - 2.30pm**

Join us for a free information session about wills and powers of attorney.

Presented by South-East Monash Legal Service, this session will cover:

- The importance of having a will
- How to get one organised
- What is a power of attorney
- When you might need a power of attorney
- Where to get help

South-East Monash Legal Service (SMLS) provides free legal assistance to people living in the south-east of Melbourne. If you have a legal issue that you need assistance with, you can contact SMLS on 9545 7400.

Information session bookings—phone 9700 3789.

# New Classes and Activities

## COOKING DEMONSTRATION MINI LEMON IMPOSSIBLE PIES

**Tuesday 26 May 2026, 10.30am—11.30am**

Learn how to make delicious mini lemon impossible pies that magically form their own layers as they bake. This fun, simple demonstration showcases easy ingredients, bright citrus flavours, and a no-fuss method perfect for home cooks of all skill levels. Bookings—call 9700 3789.

## FREE HEARING TESTS—Boutique Hearing Clinic

A hearing check is a quick screening to identify individuals with underlying hearing and related issues (wax, hearing loss, memory, balance, and speech-in-noise related). Boutique Hearing Clinic (Endeavour Hills) will conduct screenings at the Centre, and this process will take 10 minutes. Book your free hearing check today- phone 9700 3789.

**TUESDAY**      10.00am-12.30pm      2 Jun (1 week)      Cost: Free

## STROLL AND CHAT

Enjoy a gentle walk in good company! Our Stroll and Chat program is all about friendship, fresh air, and great conversation. After the walk, relax and connect over a cuppa with the group. It's the perfect way to stay active, meet new people, and share a laugh in a welcoming environment. Length of walks and paths chosen to suit mobility of participants.

**FRIDAY**      9.30am-10.30am      Fortnightly starting 1 May  
Cost: Free. Donations gladly accepted for a cuppa.

## SCRAPBOOKING—THEMED KIT

Are you keen to learn great scrapbooking techniques or get started on memory keeping? Create a beautiful double page spread using a themed scrapbooking kit. The kit includes all the supplies you need such as patterned papers, stickers, embellishments to create three pre-designed 12" x 12" double spreads with space for photos and journalling, including step-by-step instructions. Photos are not required in class. Suitable for all crafting levels. BYO basic tools (scissors, adhesive and trimmer if you have it).

**FRIDAY**      10.00am-12.00pm      19 June (1 week)

Cost: Class \$15.00

Kit cost: \$63—pre-order directly from Michelle Grech by 4th June:  
phone 0419 340 918 or email [michelle@stampmeshell.com](mailto:michelle@stampmeshell.com)

# Gardening

All Gardening activities located at our Garden facility:  
11 Hellyer Way, Endeavour Hills.  
Bookings essential—phone 9700 3789

## BEJEWELLED MOTHERS DAY POT WORKSHOP

Create a sparkling, personalised gift this Mother's Day by decorating a pot with colourful jewels and embellishments. Participants will design their own unique pot, then complete the project by planting a fresh flower inside—ideal as a heartfelt, handmade present to brighten someone's special day.



**TUESDAY** 10.00am-11.30am 5 May 2026  
Cost: \$10.00 including materials

## THE ART OF PRESSED FLOWERS

Discover the art of preserving nature's beauty in this hands-on class. Learn how to select, prepare, and press flowers using traditional flower presses. The pressed flowers, when dry, can then be used at a future time to create stunning keepsakes such as cards, bookmarks, and framed art. Perfect for beginners and nature lovers wanting a calming, creative experi-

**TUESDAY** 10.00am-11.30am 19 May 2026  
Cost: \$8.00 including materials

## GARDEN CLUB: GROWING EVERYTHING TOGETHER

Looking for a friendly group to dig into gardening with? Our Garden Club offers a structured program covering all areas of gardening—flowers, annuals, edibles, orchards, and more. Each session includes a hands-on activity, a seasonal project, and relaxed discussion. It's a welcoming space to learn, grow, and build friendships, no matter your experience level.

**FRIDAY** 9.30am-11.30am 24 Apr—26 Jun (10 weeks)  
Cost: \$5.00 per class or \$45 per term plus centre enrolment fees.



# English Language and Literacy

## ENGLISH as an Additional Language

Improve your reading, writing and speaking skills in this small and friendly class. Practise your conversation skills to assist you with shopping, banking and other everyday tasks. Gain the confidence to go on to further study or get a job. Suitable for beginners to intermediate.

Students must be permanent residents or Australian citizens to be eligible for this government funded class.

This is a Learn Local endorsed course.



**TUESDAY** 9.00am-1.00pm 21 Apr—23 Jun (10 weeks)  
Cost: \*\$43.00; Concession: \$15.00

**WEDNESDAY** 9.00am-1.00pm 22 Apr—24 Jun (10 weeks)  
Cost: \*\$43.00; Concession: \$15.00

*\*Government funded rate*

## ENGLISH

This class focuses on general English and learning skills to help you with everyday living. A mixed level class suitable for all levels. This is a Learn Local endorsed course.



**MONDAY** 9.30am-1.30pm 20 Apr—22 Jun (9 weeks)  
Cost: \*\$38.00; Concession: \$15.00  
*No class 8 June*

**THURSDAY** 9.30am-1.30pm 23 Apr—25 Jun (10 weeks)  
Cost: \*\$43.00; Concession: \$15.00

*\*Government funded rate*

# Computer Skills

## COMPUTER SKILLS—THE NEXT STEP

You've learned the basics—now it's time to take your skills further! This friendly, practical class will help you build confidence with intermediate computer, tablet or phone skills. Explore topics like organizing files, using online tools more effectively, creating simple documents, and discovering features that make everyday tasks easier. Perfect for those ready to go beyond the basics at your own pace.

**What to bring:** Your device (laptop, phone, tablet) and your questions!

**WEDNESDAY** 9.30am-12.00pm 13 May—27 May (3 weeks)  
Cost: \$25.00; Concession: \$20.00

## General Interest

### INTERNET COMPUTER CLUB

Get together with other people who share your interest in computers and the Internet. This is an informal group for people who have basic computer knowledge, and would like to socialise while exploring new computer programs and functions and to extend their computer knowhow.

**THURSDAY** 9.45am-11.45am 23 Apr—25 Jun (10 weeks)  
Cost: \$3.00 per week

### PHOTOGRAPHY CLASSES

Would you like to learn how to use your DSLR camera to take better photos?

Interested in chatting about all things photography in a friendly, small-group setting?

Expressions of interest are now open for Photography Classes – Term 3, 2026. To add your name to the list or for further information, please phone **9700 3789**.

### SINGING FOR FUN

Unleash your inner melody at our 'Singing for Fun' sessions, an informal gathering of vocal enthusiasts who just want to sing for enjoyment. No experience necessary. Welcome to stay for a cuppa after the session.

**FRIDAY** 10.00am-11.30am 1, 15 & 29 May; 12 & 26 Jun  
Cost: \$3.00 per session

Donations to the Centre are most welcome such as wool for charity knitting, material for charity quilts or books & magazines for our little library.

## Art and Craft

### CARD MAKING/ SCRAPBOOKING FRIENDSHIP GROUP

This group is for card making or scrapbooking enthusiasts. Set aside time to get together with other crafty people to share ideas or to complete those unfinished paper projects. BYO own materials.

**MONDAY** 12.00pm-2.30pm 20 Apr—22 Jun (9 weeks)  
Cost: \$3.00 per week *No group 8 Jun*

# Art and Craft

## EMBROIDERY or PATCHWORK

Choose and work on your own projects (whether it is patchwork or embroidery) with help and advice from the tutor. For the beginner the tutor can help select designs, teach techniques and give suggestions on colours.

**WEDNESDAY** 12.30pm-2.30pm 29 Apr—17 Jun (8 weeks)

or **THURSDAY** 9.15am-11.45am 30 Apr—18 Jun (8 weeks)

Cost: \$80.00 plus materials. Casual rate \$15.00 per class.

## PATCHWORK FRIENDSHIP GROUP

For anyone who loves patchwork and quilting and enjoys sharing ideas. New members must have basic skills in patchwork and quilting as there is no tutor. BYO projects and equipment.

**TUESDAY** 9.30am-12.00noon 21 Apr—23 Jun (10 weeks)

Cost: \$3.00 per week

## KNITTING 'n' CROCHET

A friendly group for all levels, from beginners to advanced (our friendly volunteer can show beginners how to get started). Enjoy some company and a chat while you knit or crochet. BYO needles and wool.

**TUESDAY** 12.30pm-2.30pm 21 Apr—23 Jun (10 weeks)

or **WEDNESDAY** 1.00pm-2.45pm 22 Apr—24 Jun (10 weeks)

Cost: \$3.00 per week

## COFFEE AND CARDS

A friendship group for people interested in card making or papercraft. BYO materials/projects and craft with company and a cuppa.

**TUESDAY** 12.00pm-2.30pm 21 Apr—23 Jun (10 weeks)

Cost: \$3.00 per week

## ALL ABILITIES CRAFT

In the all abilities craft sessions there will be a range of general crafts to do, learn new techniques and get creative. Materials supplied.

**WEDNESDAY** 10.30am-12.30pm 29 Apr—24 Jun (8 weeks)

Cost: \$20.00 or \$3.00 per class  
*No class 3 Jun*

# Art and Craft

## CREATIVE ART CLASSES

Experiment with different art techniques and mediums including acrylic paint, watercolour paint, print making, charcoal and pastel, mixed media art and fabric art. Produce an interesting new piece of art each week and learn some new art skills. Suitable for all levels. All materials provided.

**THURSDAY** 12.00pm-2.00pm 23 Apr—25 Jun (10 weeks)  
Cost: \$110.00 for 10 weeks or casual \$12.00 per class

## BEGINNERS CARDMAKING with MARIA

Discover the world of papercraft and enjoy making handmade greeting cards. You will be shown the basics and learn techniques to make cards with fellow crafters. Suitable for card makers of any level.

**FRIDAY** 10.00am-12.00pm 29 May—12 Jun (3 weeks)  
Cost: \$20.00 (includes all materials)

## CARD MAKING WORKSHOPS

Don't miss these fabulous card-making workshops. Try out different techniques using inks, stamps, dies, and more. Includes materials.

### Stampin' Up! With Michelle

**WEDNESDAY** 10.00am-12.00pm 22 Apr Cost: \$25.00

**WEDNESDAY** 10.00am-12.00pm 3 Jun Cost: \$25.00

Note: Kit fee of \$10 charged for late cancellations.

## MADE WITH LOVE QUILTERS

Made with Love Quilters are a dedicated group of ladies who make quilts for charity. Anyone is welcome to come and help out, all materials supplied to make the quilts. Come for a few hours or stay all day - BYO lunch.

**Last FRIDAY** of the month 24 Apr, 29 May, 26 Jun  
Time: 9.30am-2.30pm Cost: \$3.00 per session

## CRAFT, CARDS and CHAT—Zoom Group

Craft and chat the night away with like-minded people. Join in if you would like some company, just zoom in on your phone or device—zoom link will be sent upon enrolment.

**TUESDAY** 7.00pm-10.00pm 21 Apr—23 Jun (10 weeks)  
Cost: Free (Annual enrolment fee payable \$10.00 or \$5.00 conc.)

## Health and Fitness

### GENTLE CORE STRENGTH WORKOUT

Strengthen, lengthen, trim and tone with this low impact workout for all ages and most abilities. Standing exercise for balance and posture and seated exercises for deep core and hip strength (no floor or mat work). BYO resistance bands. Contact the Centre on 9700 3789 for enquiries.

**TUESDAY** 1.00pm-1.45pm 21 Apr—23 Jun (10 weeks)  
Or 2.00pm-2.45pm  
**COST:** \$55.00 per term or \$6.00 per class

### GENTLE EXERCISE—FUNCTIONAL FITNESS

Build strength and stability with gentle exercises (standing and seated) for all fitness levels. Improve posture, balance and flexibility through mindful movements that prioritise comfort, safety and progression. Classes can be adapted to suit abilities and requirements. Bookings phone 9700 3789.

**FRIDAY\*** 11.30am-12.15pm 24 Apr—26 Jun (10 weeks)  
**COST:** \$55.00 per term or \$6.00 per class

\*Partnering with the Endeavour Hills Leisure Centre for Friday classes.

## Activity Groups / Special Interest

**For all activities in this section please direct all enquiries to the contacts provided.**

### TAI CHI

Promotes harmony of mind and body. Tai Chi is meditation in motion, movements are slow and gentle. Promotes strength, flexibility, coordination, relaxation and cognitive function. Suitable for all ages. All classes are inclusive and suitable for beginners and intermediate.

**MONDAY** 2.00pm-3.00pm 20 Apr—22 Jun (9 weeks)  
Cost: \$14.00 per class or \$12.00 concession *No class 4 May*  
**Bookings:** Phone Sandra **0402 739 702**

### MEDITATION—FREE classes

Learn meditation on the inner light. A simple but effective method to bring out your innermost qualities, enhance your powers of concentration and benefit you at the physical, emotional, intellectual and spiritual levels.

**TUESDAY** 1.45pm-2.45pm 21 Apr—23 Jun (10 weeks)  
**Bookings:** Phone Sharon **0419 308 475**

# Activity Groups / Special Interest

For all activities in this section please direct all enquiries to the contacts provided.

## ENDEAVOUR HILLS PROBUS CLUB

Endeavour Hills Probus Club is open to all retirees over 55 and holds monthly activities. Our aim is fun and friendship for retirees.

**Meetings held 10.00am-12.00pm every 3rd Monday of the month**

**Details:** Phone David 0407 565 804 or google "Endeavour Hills Probus".

## ZUMBA / LATIN DANCE FITNESS

Zumba combines hypnotic Latin rhythms and easy to follow moves to create a unique fitness program that is so much fun you won't even count it as hard work.

**WEDNESDAYS** 7.00pm-8.00pm Cost: \$15.00 per class

**Bookings:** Phone Claudia 0481 170 788

## YOGA

Introducing Yoga classes for everyone. Learn Yoga, relaxation and meditation. Dress comfortably and bring your own yoga mat along.

**TUESDAY** 3.00pm-4.00pm 21 Apr—23 Jun (10 weeks)

Cost: \$50.00 for the term or \$5.00 per class

**Bookings:** Phone Sharon 0419 308 475

## PILATES—BEGINNER MAT CLASS

This class focuses on core stability, flexibility, postural control, breathing, alignment and rehabilitation. Suitable for all ages and fitness levels.

Please bring a mat, towel and drink bottle.

**MONDAYS** 9.30am-10.30am—Beginners  
10.30am-11.30am—Intermediate/Advanced

**Bookings:** Phone Leigh 0422 438 774

## LINE DANCING

Join this fun, beginner-friendly line dancing class. Learn simple steps, improve coordination, and enjoy great music in a welcoming atmosphere. Perfect for all ages and skill levels. No partner needed—just bring your enthusiasm and let's dance!

**FRIDAYS** 1.00pm-2.30pm Cost: \$8.00 per class

**Bookings:** Contact Maria 0400 866 887 (message only).

# Activity Groups / Special Interest

For all activities in this section please direct all enquiries to the contacts provided.

## LYNN'S LEARNING

English and Maths tuition for Prep to Year 10 students. Individualised extension and remedial programs, mathematical skills, creative writing techniques, ICAS, NAPLAN & scholarship preparation. Call to book your free assessment. Find out more at <http://www.lynnlearning.com>

**MONDAY** 3.45pm-6.45pm 20 Apr—22 Jun (9 weeks)  
**SATURDAY** 1.30pm-4.30pm 2 May— 20 Jun (8 weeks)  
**Bookings:** Phone 9796 8779

## PILATES with Sina

Come and join our mat Pilates class, suited for all fitness levels. This full-body workout strengthens your core, arms, and legs with controlled movements to improve flexibility, posture, and overall wellbeing. Please bring your own workout mat and drink bottle.

**MONDAYS** 6.30pm-7.15pm and 7.30pm-8.15pm  
**THURSDAYS** 6.30pm-7.15pm  
Cost: \$12 per session  
**Bookings:** Phone Sina 0402 045 768

## BOLLYFIT

Spice up your fitness routine with the hottest beats with Bollyfit by NataliG, the ultimate Bollywood inspired workout. Bollyfit combines the elements of high intensity workout with cultural enrichment of Bollywood dance, featuring dance styles such as Bhangra, Bollywood and Hip Hop.

**TUESDAYS** 6.30pm-7.20pm  
Cost: \$12 per session or 4 classes for \$40. Initial free trial for 1 class.  
**Bookings:** Phone Dhakshi 0420 867 790

## 3D+ SQUARE DANCING CLUB

Square Dancing covering the Plus Level program for experienced dancers. Fun and exercise set to music in a relaxed and friendly atmosphere. Beginner classes may be run on request if sufficient interest exists.

**FRIDAYS** - fortnightly from 10 April 7.30pm-10.00pm  
**Contact:** Colin 0438 515 873 or email [colin.tigerman@gmail.com](mailto:colin.tigerman@gmail.com)

## Activity Groups / Special Interest

For all activities in this section please direct all enquiries to the contacts provided.

### DEAF COMMUNITY HUB

The Deaf Hub brings the deaf and hard of hearing back together through offering various sport, recreation, community and social development programs. Enjoy a variety of social community activities and programs. For further information please contact [vic@deafsports.org.au](mailto:vic@deafsports.org.au)

**Deaf Drop-In Centre:** Coffee and chat every  
1st Thursday of the month, 1.00pm-4.00pm

### DANCE ON FIRE

Dance on Fire offers Christian dance classes, teaching students to create, inspired by the Holy Spirit. Check out our ministry at [danceonfire.com.au](http://danceonfire.com.au)

## Room Hire

### Function Rooms

Two multipurpose function rooms for regular or casual hire. Seats 60-70 people, suitable for presentations, concerts, classes, meetings, and special occasions. Features: moveable tables, 70 chairs, whiteboard, kitchen access (for reheating and serving food/refreshments only—no cooking on premises).

### Meeting Room

A meeting room for regular or casual hire—seats 10-15.

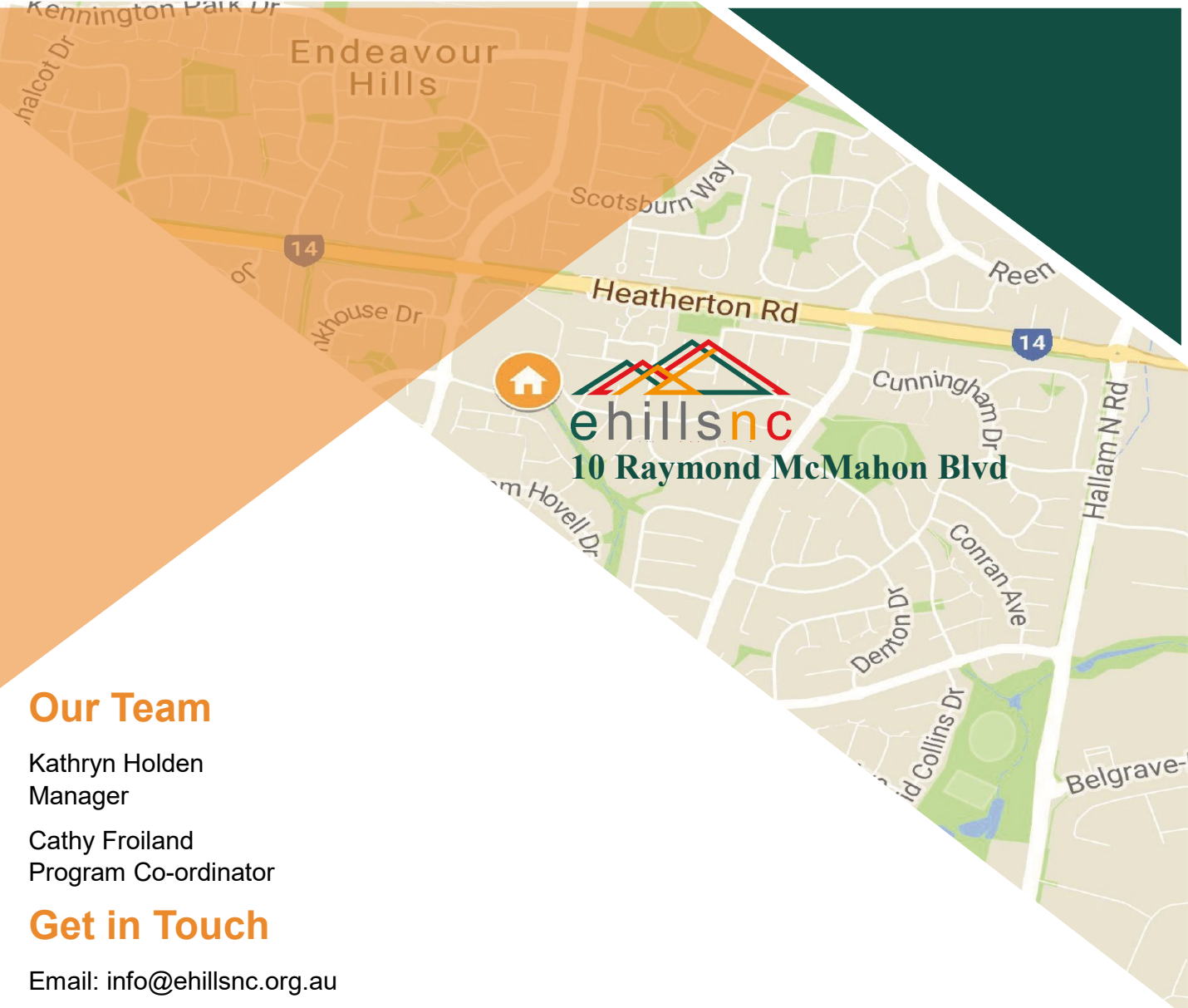
Suitable for meetings, classes, consultations, and networking.

Features: moveable tables and chairs, whiteboards, TV, tea and coffee making facilities available in the kitchen.

Special rates applicable for community not-for-profit groups (conditions apply). For bookings and further information please phone **9700 3789**.

## OTHER GROUPS WHO ATTEND THE CENTRE

- ❖ At Work Australia - Monday to Friday
- ❖ WISE Employment - Mondays, Tuesdays and Thursdays
- ❖ Probus - 3rd Monday of the month 10.00am-12.00pm - all retirees welcome
  - ❖ Brazilian Assembly of God (Portuguese/English) - Sundays 10.30am
  - ❖ Afghan Australian Philanthropic Association - Mondays
- ❖ Arabic Language and Tajweed Institute - Sat / Sun during school terms



## Our Team

Kathryn Holden  
Manager

Cathy Froiland  
Program Co-ordinator

## Get in Touch

Email: [info@ehillsnc.org.au](mailto:info@ehillsnc.org.au)

Phone: (03) 9700 3789

Office Hours:  
Monday to Friday 9.00am-3.00pm  
Closed school and public holidays

Address:  
Lower Level  
10 Raymond McMahon Blvd  
Endeavour Hills 3802

Postal Address:  
PO Box 216  
Endeavour Hills 3802

We are committed to the safety, participation and empowerment of all children regardless of abilities, age, gender, sexuality, the cultural safety of Aboriginal children and our CALD community and have zero tolerance for child abuse.

We respectfully acknowledge the Traditional Custodians of the lands where we gather— Australia’s First Peoples. We pay our respects to their Elders, past and present, and honour their enduring connection to Country.



# Belinda Wilson MP

State Member for Narre Warren North

- ✉ [belinda.wilson@parliament.vic.gov.au](mailto:belinda.wilson@parliament.vic.gov.au) ☎ 03 9706 0566
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Our mission is to provide a friendly, inclusive environment that encourages participation from our diverse community, through a broad range of activities fostering social interaction and life-long learning.

**Endeavour Hills Neighbourhood Centre Inc.**  
**10 Raymond McMahon Blvd Endeavour Hills 3802**  
**Ph: 9700 3789 | [www.ehillsnc.org.au](http://www.ehillsnc.org.au) | [info@ehillsnc.org.au](mailto:info@ehillsnc.org.au)**  
**Office hours: Monday to Friday 9.00am - 3.00pm (during school terms)**  
**Bus Routes: 845, 849 & 861 Dandenong to Endeavour Hills/Mossgiel Park**