



Term 1 Classes & Activities

JANUARY TO APRIL 2026

Endeavour Hills Neighbourhood Centre Inc.
10 Raymond McMahon Blvd Endeavour Hills 3802
(03) 9700 3789 | www.ehillsnc.org.au | info@ehillsnc.org.au
Office hours: Monday to Friday 9am - 3pm (during school terms)





Centre Information

ENROLMENTS

Enrolments can be made by visiting the Centre or by mail. Complete the enrolment form (available on our website) and together with payment forward to the Centre.

There is an annual enrolment fee of \$10 or \$5 concession. Eftpos facilities are available.

SHORT COURSE FEES

Full course fees for programs or activities are due when enrolling.

INTERNET PAYMENTS

Endeavour Hills Neighbourhood Centre
BSB: 013 288
Account: 3064 31233
Reference: Student name

CANCELLATIONS

The Centre may at times cancel a short course if the minimum class numbers are not achieved. If this occurs, you will be contacted in advance and all fees paid will be refunded.

REFUNDS

A full refund will be given if notification is received 5 working days prior to the commencement of the course. **There is no discount or refund for missed classes.**

Please note: All details in this term program were correct at the time of printing. The Centre reserves the right to change Class, times, dates and fees when necessary.

The Centre is supported by the City of Casey and the following:



Neighbourhood Houses
The Heart of Our Community™



Term 1: 27 January—2 April 2026

All classes can be joined at any time during the term.
Annual enrolment fee applies to all programs, including free activities.

community, connection, life-long learning

New

Bring a friend or make one here

Celebrate with your ~~Valentine~~ Pal-entine this February. Try one of these classes for free with a pal or by yourself.

♥ **Craft, chat and relax:** Tuesday 17 Feb
6.30-9.00pm

♥ **Garden club:** Friday 20 February
9.30-11.30am

♥ **Singing for Fun:** Friday 27 February
10.00-11.30am

Phone 9700 3789 for further information
or to make a booking.



Be my
~~Valentine~~
Pal-entine



CELEBRATE HARMONY DAY WITH US!

Thursday 19 March 2026, 10.30am—11.30am

Join us for a vibrant morning of cultural entertainment, community connection, and a delicious morning tea. Bring a plate of food representing your culture to share and enjoy the spirit of diversity, inclusion and belonging. Let's celebrate what makes our community unique.

Bookings essential—phone 9700 3789.



New Classes and Activities

STROKESAFE INFORMATION SESSION

Friday 20 February 2026, 10.00am-11.00am

In Australia, a stroke occurs every 11 minutes. Stroke can happen at any age, and one in four people globally will have a stroke in their lifetime. But the good news is—up to 80% of strokes are preventable.

Join us and a guest speaker from the Stroke Foundation to hear:

- What stroke is and how to recognize the signs of stroke.
- What to do if someone is having a stroke.
- How to prevent stroke in you or the people you love.

Phone 9700 3789 to RSVP.

STROLL AND CHAT

Enjoy a gentle walk in good company! Our Stroll and Chat program is all about friendship, fresh air, and great conversation. After the walk, relax and connect over a cuppa with the group. It's the perfect way to stay active, meet new people, and share a laugh in a welcoming environment. Length of walks and paths chosen to suit mobility of participants.

FRIDAY 9.30am-10.30am Fortnightly starting 6 Feb

Cost: Free. Donations gladly accepted for a cuppa.

PANCAKE DAY

Tuesday 17 February 2026, 10.30am—11.30am

Join us to celebrate Pancake Day on Shrove Tuesday. We will be flipping pancakes for you to enjoy with yummy toppings. All money raised goes to Uniting Vic.Tas who help Australians living in crisis.

All welcome—phone 9700 3789 to let us know you are coming.

Donations for pancakes gladly accepted.

SMART PHONES - The basics and individual help

Need help using your mobile phone? We are starting with the basics including how to navigate your device, customize it to your needs and understand how to use it safely.

Join us for these sessions where we will be able to take you through these skills and more including time for individual help and questions. Bring along your phone to get the most out of these sessions, including one on one support. Sessions are presented by your local Connected Libraries.

MONDAY 10.00am-11.30am 16 Mar—30 Mar (3 weeks)

Cost: Free

New Classes and Activities

TUNISIAN CROCHET FOR BEGINNERS

Join us for a creative workshop that blends the best of knitting and crochet into one unique craft. Using a long hook and guided by an experienced teacher, you'll learn the fundamentals of Tunisian crochet while working on a beautiful shawl project. Whether you're a complete beginner or an experienced crocheter looking to expand your stitch library, this class is perfect for you. Explore new techniques, master versatile stitches, and create something truly special. Hook and wool provided—you may BYO 8-ply wool if you choose.

WEDNESDAY 6.30pm-8.00pm 18 Feb—11 Mar (4 weeks)
Cost: \$48.00

CRAFT, CHAT and RELAX

Do you need some dedicated craft time? Have a project you just want to get stuck into? Now is the time to spoil yourself, this group would be perfect for you.

For all types of crafters, embroidery, patchwork, knitting, crochet, card making just to name a few, all crafters are welcome. Come along - we give you permission to do nothing but craft, chat or just check out what others are doing. Arrive or leave at a time that suits you within the group time.

3rd Tuesday of the month 17 Feb, 17 Mar
Time: 6.30pm-9.00pm Cost: \$3 per session

SCRAPBOOKING—EXPLORING NATURE KIT

Are you keen to learn great scrapbooking techniques or get started on memory keeping? Create a beautiful double page spread using the nature themed scrapbooking kit. The kit includes all the supplies you need such as patterned papers, stickers, embellishments to create three pre-designed 12" x 12" double spreads with space for photos and journalling, including step-by-step instructions. Photos are not required in class—add them later at home. Suitable for all crafting levels. BYO basic tools (scissors, adhesive and trimmer if you have it).

FRIDAY 10.00am-12.00pm 27 March (1 week)
Cost: Class \$15.00

Kit cost: \$63—pre-order directly from Michelle Grech by 13th March:
phone 0419 340 918 or email michelle@stampmeshell.com

New Classes and Activities

COOKING DEMONSTRATION—FLORENTINE BISCUITS

Tuesday 17 March 2026, 10.30am—11.30am

Join our cooking demonstration to learn the art of making Florentine Biscuits—crispy, nutty and chocolate-coated treats perfect for any occasion. Enjoy tips, techniques, and a delicious tasting session! Phone 9700 3789 for bookings.

Gardening

All Gardening activities located at our Garden facility:

11 Hellyer Way, Endeavour Hills.

Bookings essential—phone 9700 3789

EDIBLE HERB AND FLOWER SESSION

Discover how plants grow from seed to seedling and learn the secrets to keeping your garden thriving all season long. Choose from a selection of herbs and edible flowers and pot them up into a container. Get tips and tricks to promote growth and extend flowering. Perfect for beginners and garden enthusiasts, take home an edible plant.

TUESDAY 10.00am-11.30am 10 March

Cost: \$8.00 including materials

EASTER POT DECORATING—TERRARIUM INSPIRED

Join us for a fun, relaxed workshop where you'll decorate your own Easter-themed item! We'll provide pre-made pots, and plenty of inspiration. Just come ready to get creative, with a Terrarium Easter inspired themed, and enjoy a light, craft session—perfect for all ages and skill levels.

TUESDAY 10.00am-11.30am 17 Mar—24 Mar (2 weeks)

Cost: \$15.00

GARDEN CLUB: GROWING EVERYTHING TOGETHER

Looking for a friendly group to dig into gardening with? Our Garden Club offers a structured program covering all areas of gardening—flowers, annuals, edibles, orchards, and more. Each session includes a hands-on activity, a seasonal project, and relaxed discussion. It's a welcoming space to learn, grow, and build friendships, no matter your experience level.

FRIDAY 9.30am-11.30am 30 Jan—27 Mar (9 weeks)

Cost: \$5.00 per class or \$40 per term plus centre enrolment fees.

English Language and Literacy

ENGLISH as an Additional Language

Improve your reading, writing and speaking skills in this small and friendly class. Practise your conversation skills to assist you with shopping, banking and other everyday tasks. Gain the confidence to go on to further study or get a job. Suitable for beginners to intermediate.

Students must be permanent residents or Australian citizens to be eligible for this government funded class.

This is a Learn Local endorsed course.



TUESDAY 9.00am-1.00pm 3 Feb—31 Mar (9 weeks)
Cost: *\$38.00; Concession: \$15.00

WEDNESDAY 9.00am-1.00pm 4 Feb—1 Apr (9 weeks)
Cost: *\$38.00; Concession: \$15.00

**Government funded rate*

ENGLISH

This class focuses on general English and learning skills to help you with everyday living. A mixed level class suitable for all levels. This is a Learn Local endorsed course.



MONDAY 9.30am-1.30pm 2 Feb—30 Mar (8 weeks)
Cost: *\$34.00; Concession: \$15.00
No class 9 March

THURSDAY 9.30am-1.30pm 5 Feb—2 Apr (9 weeks)
Cost: *\$38.00; Concession: \$15.00

**Government funded rate*

Computer Skills

COMPUTER SKILLS—THE NEXT STEP

You've learned the basics—now it's time to take your skills further! This friendly, practical class will help you build confidence with intermediate computer, tablet or phone skills. Explore topics like organizing files, using online tools more effectively, creating simple documents, and discovering features that make everyday tasks easier. Perfect for those ready to go beyond the basics at your own pace.

What to bring: Your device (laptop, phone, tablet) and your questions!

WEDNESDAY 9.30am-12.00pm 11 Mar—25 Mar (3 weeks)
Cost: \$25.00; Concession: \$20.00

General Interest

INTERNET COMPUTER CLUB

Get together with other people who share your interest in computers and the Internet. This is an informal group for people who have basic computer knowledge, and would like to socialise while exploring new computer programs and functions and to extend their computer knowhow.

THURSDAY 9.45am-11.45am 29 Jan—2 Apr (10 weeks)
Cost: \$3.00 per week

PHOTOGRAPHY FOR BEGINNERS

Get to know your camera, understand the main controls on a camera (DSLR) and their functions; how to change settings and shoot in different modes. Bring your fully charged camera and manual if you have one.

TUESDAY 10.00am-12.00pm 24 Feb—10 Mar (3 weeks)
Cost: \$15.00

PHOTOGRAPHY INTEREST GROUP

This group brings together people who share a passion for photography, exploring different aspects and techniques. Sessions will be tailored to the interests of the group and to your own camera specifications.

TUESDAY 10.00am-12.00pm 24 Mar—31 Mar (2 weeks)
Cost: \$3.00 per week

SINGING FOR FUN

Unleash your inner melody at our 'Singing for Fun' sessions, an informal gathering of vocal enthusiasts who just want to sing for enjoyment. No experience necessary. Welcome to stay for a cuppa after the session.

FRIDAY 10.00am-11.30am 13 & 27 Feb; 13 & 27 Mar
Cost: \$3.00 per session

Art and Craft

CARD MAKING/ SCRAPBOOKING FRIENDSHIP GROUP

This group is for card making or scrapbooking enthusiasts. Set aside time to get together with other crafty people to share ideas or to complete those unfinished paper projects. BYO own materials.

MONDAY 12.00pm-2.30pm 2 Feb—30 Mar (8 weeks)
Cost: \$3.00 per week
No group 9 Mar

Art and Craft

EMBROIDERY or PATCHWORK

Choose and work on your own projects (whether it is patchwork or embroidery) with help and advice from the tutor. For the beginner the tutor can help select designs, teach techniques and give suggestions on colours.

WEDNESDAY 12.30pm-2.30pm 4 Feb—25 Mar (8 weeks)

or **THURSDAY** 9.15am-11.45am 5 Feb—26 Mar (8 weeks)

Cost: \$80.00 plus materials. Casual rate \$15.00 per class.

PATCHWORK FRIENDSHIP GROUP

For anyone who loves patchwork and quilting and enjoys sharing ideas. New members must have basic skills in patchwork and quilting as there is no tutor. BYO projects and equipment.

TUESDAY 9.30am-12.00noon 27 Jan—31 Mar (10 weeks)

Cost: \$3.00 per week

KNITTING 'n' CROCHET

A friendly group for all levels, from beginners to advanced (our friendly volunteer can show beginners how to get started). Enjoy some company and a chat while you knit or crochet. BYO needles and wool.

TUESDAY 12.30pm-2.30pm 27 Jan—31 Mar (10 weeks)

or **WEDNESDAY** 1.00pm-2.45pm 28 Jan—1 Apr (10 weeks)

Cost: \$3.00 per week

COFFEE AND CARDS

A friendship group for people interested in card making or papercraft. BYO materials/projects and craft with company and a cuppa.

TUESDAY 12.00pm-2.30pm 27 Jan—31 Mar (10 weeks)

Cost: \$3.00 per week

ALL ABILITIES CRAFT

In the all abilities craft sessions there will be a range of general crafts to do, learn new techniques and get creative. Materials supplied.

WEDNESDAY 10.30am-12.30pm 4 Feb—1 Apr (7 weeks)

Cost: \$20.00 or \$3.00 per class

No class 18 Feb and 18 Mar

Art and Craft

CREATIVE ART CLASSES

Experiment with different art techniques and mediums including acrylic paint, watercolour paint, print making, charcoal and pastel, mixed media art and fabric art. Produce an interesting new piece of art each week and learn some new art skills. Suitable for all levels. All materials provided.

THURSDAY 12.00pm-2.00pm 5 Feb—2 Apr (9 weeks)
Cost: \$100.00 for 9 weeks or casual \$12.00 per class

BEGINNERS CARDMAKING with MARIA

Discover the world of papercraft and enjoy making handmade greeting cards. You will be shown the basics and learn techniques to make cards with fellow crafters. Suitable for card makers of any level.

FRIDAY 10.00am-12.00pm 6 Mar—20 Mar (3 weeks)
Cost: \$20.00 (includes all materials)

CARD MAKING WORKSHOPS

Don't miss these fabulous card-making workshops. Try out different techniques using inks, stamps, dies, and more. Includes materials.

Stampin' Up! With Michelle

WEDNESDAY	10.00am-12.00pm	18 Feb	Cost: \$25.00
WEDNESDAY	10.00am-12.00pm	18 Mar	Cost: \$25.00

Note: Kit fee of \$10 charged for late cancellations.

MADE WITH LOVE QUILTERS

Made with Love Quilters are a dedicated group of ladies who make quilts for charity. Anyone is welcome to come and help out, all materials supplied to make the quilts. Come for a few hours or stay all day - BYO lunch.

Last FRIDAY of the month	27 Feb, 27 Mar
Time: 9.30am-2.30pm	Cost: \$3.00 per session

CRAFT, CARDS and CHAT—Zoom Group

Craft and chat the night away with like-minded people while supporting the Dignity Bag Project. Just zoom in on your phone or device—zoom link will be sent upon enrolment.

WEDNESDAY 7.00pm-10.00pm 28 Jan—1 Apr (10 weeks)
Cost: \$20 per term (Annual enrolment fee payable \$10.00 or \$5.00 conc.)

Health and Fitness

GENTLE CORE STRENGTH WORKOUT

Strengthen, lengthen, trim and tone with this low impact workout for all ages and most abilities. Standing exercise for balance and posture and seated exercises for deep core and hip strength (no floor or mat work). BYO resistance bands. Contact the Centre on 9700 3789 for enquiries.

TUESDAY 1.00pm-1.45pm 3 Feb—31 Mar (9 weeks)
 Or 2.00pm-2.45pm
COST: \$50.00 per term or \$6.00 per class

GENTLE EXERCISE—FUNCTIONAL FITNESS

Build strength and stability with gentle exercises (standing and seated) for all fitness levels. Improve posture, balance and flexibility through mindful movements that prioritise comfort, safety and progression. Classes can be adapted to suit abilities and requirements. Bookings phone 9700 3789.

FRIDAY* 11.30am-12.15pm 6 Feb—27 Mar (8 weeks)
COST: \$45.00 per term or \$6.00 per class

*Partnering with the Endeavour Hills Leisure Centre for Friday classes.

Activity Groups / Special Interest

For all activities in this section please direct all enquiries to the contacts provided.

TAI CHI

Promotes harmony of mind and body. Tai Chi is meditation in motion, movements are slow and gentle. Promotes strength, flexibility, coordination, relaxation and cognitive function. Suitable for all ages. All classes are inclusive and suitable for beginners and intermediate.

MONDAY 2.00pm-3.00pm 2 Feb—30 Mar (8 weeks)
Cost: \$14.00 per class or \$12.00 concession *No class 9 Mar*
Bookings: Phone Sandra **0402 739 702**

MEDITATION—FREE classes

Learn meditation on the inner light. A simple but effective method to bring out your innermost qualities, enhance your powers of concentration and benefit you at the physical, emotional, intellectual and spiritual levels.

TUESDAY 1.45pm-2.45pm 27 Jan—31 Mar (10 weeks)
Bookings: Phone Sharon **0419 308 475**

Activity Groups / Special Interest

For all activities in this section please direct all enquiries to the contacts provided.

ENDEAVOUR HILLS PROBUS CLUB

Endeavour Hills Probus Club is open to all retirees over 55 and holds monthly activities. Our aim is fun and friendship for retirees.

Meetings held 10.00am-12.00pm every 3rd Monday of the month

Details: Phone Chris 0422 837 212 or google "Endeavour Hills Probus".

LYNN'S LEARNING

English and Maths tuition for Prep to Year 10 students. Individualised extension and remedial programs, mathematical skills, creative writing techniques, ICAS, NAPLAN & scholarship preparation. Call to book your free assessment. Find out more at <http://www.lynnlearning.com>

MONDAY 3.45pm-6.45pm 2 Feb—30 Mar (9 weeks)

Bookings: Phone 9796 8779

ZUMBA / LATIN DANCE FITNESS

Zumba combines hypnotic Latin rhythms and easy to follow moves to create a unique fitness program that is so much fun you won't even count it as hard work.

WEDNESDAYS 7.00pm-8.00pm Cost: \$15.00 per class

Bookings: Phone Claudia 0481 170 788

YOGA

Introducing Yoga classes for everyone. Learn Yoga, relaxation and meditation. Dress comfortably and bring your own yoga mat along.

TUESDAY 3.00pm-4.00pm 27 Jan—31 Mar (10 weeks)

Cost: \$50.00 for the term or \$5.00 per class

Bookings: Phone Sharon 0419 308 475

PILATES—BEGINNER MAT CLASS

This class focuses on core stability, flexibility, postural control, breathing, alignment and rehabilitation. Suitable for all ages and fitness levels. Please bring a mat, towel and drink bottle.

MONDAYS 9.30am-10.30am—Beginners
10.30am-11.30am—Intermediate/Advanced

Bookings: Phone Leigh 0422 438 774

Activity Groups / Special Interest

For all activities in this section please direct all enquiries to the contacts provided.

PILATES with Sina

Come and join our mat Pilates class, suited for all fitness levels. This full-body workout strengthens your core, arms, and legs with controlled movements to improve flexibility, posture, and overall wellbeing. Please bring your own workout mat and drink bottle.

MONDAYS, TUESDAYS 7.30pm-8.15pm
THURSDAYS 6.30pm-7.15pm and 7.30pm-8.15pm
TUESDAY MORNINGS 6:00am-6.45am—*starting from 3 Feb*

Cost: \$10 per session

Bookings: Phone Sina **0402 045 768**

LINE DANCING

Join this fun, beginner-friendly line dancing class. Learn simple steps, improve coordination, and enjoy great music in a welcoming atmosphere. Perfect for all ages and skill levels. No partner needed—just bring your enthusiasm and let's dance!

FRIDAYS 1.00pm-2.30pm Cost: \$8.00 per class

Bookings: Contact Maria **0400 866 887** (message only).

BOLLYFIT

Spice up your fitness routine with the hottest beats with Bollyfit by NataliG, the ultimate Bollywood inspired workout. Bollyfit combines the elements of high intensity workout with cultural enrichment of Bollywood dance, featuring dance styles such as Bhangra, Bollywood and Hip Hop.

TUESDAYS 6.30pm-7.20pm

Cost: \$12 per session or 4 classes for \$40. Initial free trial for 1 class.

Bookings: Phone Dhakshi **0420 867 790**

DANCEFUSION

DanceFusion is a vibrant and dynamic workout that blends Salsa, Bollywood and other dance styles from around the world. Beginner-friendly and fun, each class is a full-body workout that feels more like a dance party.

THURSDAYS 6.15pm-7.00pm

Cost: \$12 per session or 4 classes for \$40. Initial free trial for 1 class.

Bookings: Phone Dhakshi **0420 867 790**

Activity Groups / Special Interest

For all activities in this section please direct all enquiries to the contacts provided.

DEAF COMMUNITY HUB

The Deaf Hub brings the deaf and hard of hearing back together through offering various sport, recreation, community and social development programs. Enjoy a variety of social community activities and programs. For further information please contact **vic@deafsports.org.au**

Deaf Drop-In Centre: Coffee and chat every
1st Thursday of the month, 1.00pm-4.00pm

DANCE ON FIRE

Dance on Fire offers Christian dance classes, teaching students to create, inspired by the Holy Spirit. Check out our ministry at **danceonfire.com.au**

Room Hire

Function Rooms

Two multipurpose function rooms for regular or casual hire. Seats 60-70 people, suitable for presentations, concerts, classes, meetings, and special occasions. Features: moveable tables, 70 chairs, whiteboard, kitchen access (for reheating and serving food/refreshments only—no cooking on premises).

Meeting Room

A meeting room for regular or casual hire—seats 10-15.

Suitable for meetings, classes, consultations, and networking.

Features: moveable tables and chairs, whiteboards, TV, tea and coffee making facilities available in the kitchen.

Special rates applicable for community not-for-profit groups (conditions apply). For bookings and further information please phone **9700 3789**.

OTHER GROUPS WHO ATTEND THE CENTRE

- ❖ At Work Australia - Monday to Friday
- ❖ WISE Employment - Mondays, Tuesdays and Thursdays
- ❖ Probus - 3rd Monday of the month 10.00am-12.00pm - all retirees welcome
 - ❖ Brazilian Assembly of God (Portuguese/English) - Sundays 10.30am
 - ❖ Afghan Australian Philanthropic Association - Mondays
- ❖ Arabic Language and Tajweed Institute - Sundays during school terms

Our Team

Kathryn Holden
Manager

Cathy Froiland
Program Co-ordinator

Get in Touch

Email: info@ehillsnc.org.au

Phone: (03) 9700 3789

Office Hours:
Monday to Friday 9.00am-3.00pm
Closed school and public holidays

Address:
Lower Level
10 Raymond McMahon Blvd
Endeavour Hills 3802

Postal Address:
PO Box 216
Endeavour Hills 3802

We are committed to the safety, participation and empowerment of all children regardless of abilities, age, gender, sexuality, the cultural safety of Aboriginal children and our CALD community and have zero tolerance for child abuse.

We respectfully acknowledge the Traditional Custodians of the lands where we gather—Australia's First Peoples. We pay our respects to their Elders, past and present, and honour their enduring connection to Country.




Belinda Wilson MP

State Member for Narre Warren North

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Our mission is to provide a friendly, inclusive environment that encourages participation from our diverse community, through a broad range of activities fostering social interaction and life-long learning.

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Ph: 9700 3789 | www.ehillsnc.org.au | info@ehillsnc.org.au
Office hours: Monday to Friday 9.00am - 3.00pm (during school terms)
Bus Routes: 845, 849 & 861 Dandenong to Endeavour Hills/Mossgiel Park