

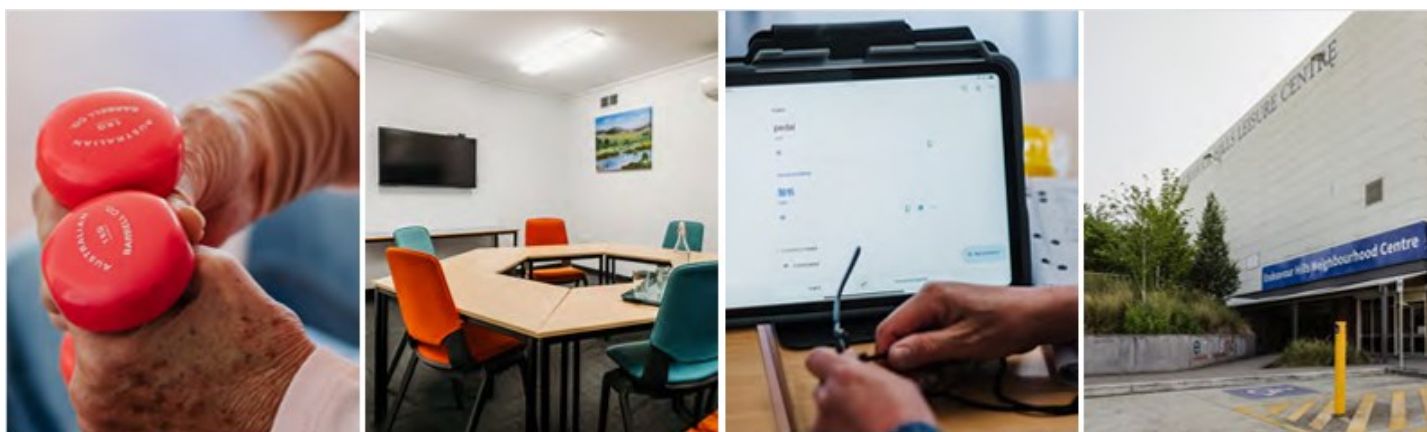


Term 4 Classes & Activities

OCTOBER TO DECEMBER 2025

Endeavour Hills Neighbourhood Centre Inc.
10 Raymond McMahon Blvd Endeavour Hills 3802
(03) 9700 3789 | www.ehillsnc.org.au | info@ehillsnc.org.au
Office hours: Monday to Friday 9am - 3pm (during school terms)





Centre Information

ENROLMENTS

Enrolments can be made by visiting the Centre or by mail. Complete the enrolment form (available on our website) and together with payment forward to the Centre.

There is an annual enrolment fee of \$10 or \$5 concession. Eftpos facilities are available.

SHORT COURSE FEES

Full course fees for programs or activities are due when enrolling.

INTERNET PAYMENTS

Endeavour Hills Neighbourhood Centre
BSB: 013 288
Account: 3064 31233
Reference: Student name

CANCELLATIONS

The Centre may at times cancel a short course if the minimum class numbers are not achieved. If this occurs, you will be contacted in advance and all fees paid will be refunded.

REFUNDS

A full refund will be given if notification is received 5 working days prior to the commencement of the course. **There is no discount or refund for missed classes.**

Please note: All details in this term program were correct at the time of printing. The Centre reserves the right to change Class, times, dates and fees when necessary.

The Centre is supported by the City of Casey and the following:



Term 4: 6 October—16 December 2025

All classes can be joined at any time during the term.

community, *connection,* & life-long learning

New

CHRISTMAS IN ENDEAVOUR HILLS TOWN SQUARE

WEDNESDAY 3 December 2025, 2.00pm-5.00pm

**Venue: Endeavour Hills Town Square—outside
the Library**

A free event for the community, come along and enjoy the attractions: face painting, kids activities/crafts, free sausage sizzle and entertainment. This is a joint initiative and celebration organized by the Endeavour Hills Neighbourhood Centre, Library, and Endeavour Hills Leisure Centre.



CHRISTMAS WREATH WORKSHOP

Create a beautiful Christmas wreath using natural seasonal foliage in this hands-on workshop. Each participant will receive a wreath making kit in a gift box with all the materials needed to create your own wreath. Expert guidance provided by Vanessa from Stoney Creek Flower Farm. Bookings essential—phone 9700 3789.



Friday 5 December

12.30pm-2.30pm

Cost: \$55.00

New Classes and Activities

PLAN YOUR WEEKEND WITH AI

We are excited to be part of Get Online Week 2025.

Discover how artificial intelligence can help you make the most of your free time! In this fun and practical session, you'll learn how to use AI tools to plan weekend activities—whether it's finding events, creating itineraries, organising transport, or even generating packing lists for a getaway. No experience needed—just bring your curiosity and see how AI can simplify your weekend planning. Proudly supported by a Good Things—Be Connected grant.



FRIDAY 12.30pm-2.30pm 24 October (1 week)
Cost: Free Bookings: Phone 9700 3789

VICTORIA POLICE INFORMATION SESSION

Wednesday 19 November 2025, 10.00am-11.00am

Join representatives from Victoria Police for a practical session on keeping yourself and your home safe. Learn valuable tips on personal safety, securing your home, and staying alert in your community. After the presentation, take part in a general Q&A session to ask questions and get advice directly from local police officers. RSVP—Phone 9700 3789.

PINK RIBBON MORNING TEA

Monday 27th October 2025 10.30am-11.30am

We are hosting this event in support of our dear friend and colleague, Sandra Neal, who has been teaching classes at the Centre for close to 20 years.

Join us for a meaningful morning in support of breast cancer awareness and research. The Pink Ribbon

Morning Tea is a chance to come together, show support, and raise vital funds for those affected by breast cancer. Raffles and prizes on the day. Enjoy a delicious morning tea, connect with others in the community, and help make a difference. Every dollar raised will help to fund vital research to help detect, prevent, treat and stop breast cancer.

Bookings essential – call 9700 3789. Please bring a plate of food to share and wear pink to show your support!



**PINK RIBBON
BREAKFAST**

New Classes and Activities

SUNFLOWER PROJECT—MENTAL HEALTH MONTH



Drop in between 10am-2pm, Monday to Friday for the month of October (from 6 Oct—31 Oct)

Celebrate Mental Health Month by taking part in the **Sunflower Art Project**, a creative campaign that highlights the positive impact of art and community connection on wellbeing.

Drop in during October to create your own paper sunflower—one to take home and one to contribute to a vibrant community display at the Centre. All crafting materials and instructions are provided. No experience needed—just come along, take a mindful moment, and enjoy the joy of creating. This project encourages self-expression, strengthens community ties, and raises awareness of mental health through creativity. By the end of the month, the Centre will be filled with sunflower creations, each one a symbol of hope, connection, and support. **We look forward to seeing you!**

TUNISIAN CROCHET FOR BEGINNERS

Discover a unique craft that blends the techniques of knitting and crochet using a long hook. Guided by an experienced teacher, you'll create four distinct crochet blocks, each showcasing a different Tunisian stitch. These blocks can serve as the foundation for a cozy blanket or other creative projects. Perfect for beginners and seasoned crocheters alike. Hook and wool provided—you may BYO 8-ply wool if you choose.

WEDNESDAY 6.30pm-8.00pm 22 Oct—5 Nov (3 weeks)
Cost: \$35.00

CRAFT, CHAT and RELAX

Do you need some dedicated craft time? Have a project you just want to get stuck into? Now is the time to spoil yourself, this group would be perfect for you.

For all types of crafters, embroidery, patchwork, knitting, crochet, card making just to name a few, all crafters are welcome. Come along - we give you permission to do nothing but craft, chat or just check out what others are doing. Arrive or leave at a time that suits you within the group time.

3rd Tuesday of the month 21 Oct, 18 Nov, 16 Dec
Time: 6.30pm-9.00pm Cost: \$3 per session

New Classes and Activities

CREATIVE MOSAICS

Over 3 weeks create a fabulous mosaic tile that you can use for decoration in the home or garden. You will learn the tips and techniques of mosaics, such as design, cutting glass, tiling and grouting. Bookings essential and you must be able to attend all 3 weeks—phone 9700 3789. Cost: Free
Proudly supported by City of Casey Ageing Positively Festival.

WEDNESDAY 9.30am-12.00pm 15 Oct—29 Oct (3 weeks)

COOKING DEMONSTRATION—WHITE CHRISTMAS

Tuesday 25 November 2025, 10.30am—11.30am

Celebrate the festive season and come along as Chris demonstrates how to make White Christmas, a classic no-bake slice—perfect for holiday entertaining and gift-giving. Phone 9700 3789 to RSVP.

FREE HEARING TESTS—Boutique Hearing Clinic

A hearing check is a quick screening to identify individuals with underlying hearing and related issues (wax, hearing loss, memory, balance, and speech-in-noise related). Boutique Hearing Clinic (Endeavour Hills) will conduct screenings at the Centre, and this process will take 10 minutes. Book your free hearing check today- phone 9700 3789.

THURSDAY 12.00pm-2.00pm 13 Nov (1 week) Cost: Free

SCRAPBOOKING—PEACEFUL DAYS

Are you keen to learn great scrapbooking techniques or get started on memory keeping? Create a beautiful double page spread using the Peaceful Days scrapbooking kit. The kit includes all the supplies you need such as patterned papers, stickers, embellishments to create three pre-designed 12" x 12" double spreads with space for photos and journalling, including step-by-step instructions. Photos are not required in class. The kit includes photo placement holders to complete the layouts—that way you can add your photos at home at your leisure.

Suitable for all crafting levels. BYO basic tools (scissors, adhesive and trimmer if you have it).

FRIDAY 10.00am-12.00pm 28 November (1 week)

Cost: Class \$15.00

Kit cost: \$63—pre-order directly from Michelle Grech by 14th November: phone 0419 340 918 or email michelle@stampmeshell.com

English Language and Literacy

ENGLISH as an Additional Language

Improve your reading, writing and speaking skills in this small and friendly class. Practise your conversation skills to assist you with shopping, banking and other everyday tasks. Gain the confidence to go on to further study or get a job. Suitable for beginners to intermediate.

Students must be permanent residents or Australian citizens to be eligible for this government funded class.

This is a Learn Local endorsed course.



TUESDAY 9.00am-1.00pm 7 Oct—16 Dec (10 weeks)
Cost: *\$43.00; Concession: \$15.00 *No class 4 Nov*

WEDNESDAY 9.00am-1.00pm 8 Oct—10 Dec (10 weeks)
Cost: *\$43.00; Concession: \$15.00

**Government funded rate*

ENGLISH

This class focuses on general English and learning skills to help you with everyday living. A mixed level class suitable for all levels. This is a Learn Local endorsed course.



MONDAY 9.30am-1.30pm 6 Oct—15 Dec (10 weeks)
Cost: *\$43.00; Concession: \$15.00 *No class 3 Nov*

THURSDAY 9.30am-1.30pm 9 Oct—11 Dec (10 weeks)
Cost: *\$43.00; Concession: \$15.00

**Government funded rate*

Computer Skills

CASUAL COMPUTER SKILLS—EVERYONE WELCOME

Do you want to feel more confident using your computer, phone, or tablet? Join our **Casual Computer Skills Class** — a relaxed, friendly space where you can learn at your own pace. We'll cover **everyday computer skills** based on what *you* want to learn — whether it's sending emails, browsing the web, managing files, or anything else you're curious about. **What to bring:** Your device (laptop, phone, tablet) and your questions! No pressure, no tech jargon — just practical help and patient support.

WEDNESDAY 9.30am-12.00pm 5 Nov—19 Nov (3 weeks)
Cost: \$20.00; Concession: \$15.00

General Interest

INTERNET COMPUTER CLUB

Get together with other people who share your interest in computers and the Internet. This is an informal group for people who have basic computer knowledge, and would like to socialise while exploring new computer programs and functions and to extend their computer knowhow.

THURSDAY 9.45am-11.45am 9 Oct—11 Dec (10 weeks)
Cost: \$3.00 per week

PHOTOGRAPHY FOR BEGINNERS

Get to know your camera, understand the main controls on a camera (DSLR) and their functions; how to change settings and shoot in different modes. Bring your fully charged camera and manual if you have one.

TUESDAY 10.00am-12.00pm 21 Oct—11 Nov (3 weeks)
Cost: \$15.00 *No class 4 Nov*

PHOTOGRAPHY INTEREST GROUP

This group brings together people who share a passion for photography, exploring different aspects and techniques. Sessions will be tailored to the interests of the group and to your own camera specifications.

TUESDAY 10.00am-12.00pm 18 Nov—2 Dec (3 weeks)
Cost: \$3.00 per week

SINGING FOR FUN

Unleash your inner melody at our 'Singing for Fun' sessions, an informal gathering of vocal enthusiasts who just want to sing for enjoyment. No experience necessary. Afterwards enjoy some nibbles and a chat.

FRIDAY 10.00am-11.30am 17 & 31 Oct; 14 & 28 Nov;
Cost \$3.00 per session 12 Dec

Art and Craft

CARD MAKING/ SCRAPBOOKING FRIENDSHIP GROUP

This group is for card making or scrapbooking enthusiasts. Set aside time to get together with other crafty people to share ideas or to complete those unfinished paper projects. BYO own materials.

MONDAY 12.00pm-2.30pm 6 Oct—15 Dec (11 weeks)
Cost: \$3.00 per week

Art and Craft

EMBROIDERY or PATCHWORK

Choose and work on your own projects (whether it is patchwork or embroidery) with help and advice from the tutor. For the beginner the tutor can help select designs, teach techniques and give suggestions on colours.

WEDNESDAY 12.30pm-2.30pm 15 Oct—3 Dec (8 weeks)
or **THURSDAY** 9.15am-11.45am 16 Oct—4 Dec (8 weeks)

Cost: \$80.00 plus materials. Casual rate \$15.00 per class.

PATCHWORK FRIENDSHIP GROUP

For anyone who loves patchwork and quilting and enjoys sharing ideas. New members must have basic skills in patchwork and quilting as there is no tutor. BYO projects and equipment.

TUESDAY 9.30am-12.00noon 7 Oct—16 Dec (10 weeks)
Cost: \$3.00 per week *No class 4 Nov*

KNITTING 'n' CROCHET

A friendly group for all levels, from beginners to advanced (our friendly volunteer can show beginners how to get started). Enjoy some company and a chat while you knit or crochet. BYO needles and wool.

TUESDAY 12.30pm-2.30pm 7 Oct—16 Dec (10 weeks)
or **WEDNESDAY** 1.00pm-3.00pm 8 Oct—10 Dec (10 weeks)
Cost: \$3.00 per week

COFFEE AND CARDS

A friendship group for people interested in card making or papercraft. BYO materials/projects and craft with company and a cuppa.

TUESDAY 12.00pm-2.30pm 7 Oct—16 Dec (10 weeks)
Cost: \$3.00 per week *No class 4 Nov*

ALL ABILITIES CRAFT

In the all abilities craft sessions there will be a range of general crafts to do, learn new techniques and get creative. Materials supplied.

WEDNESDAY 10.30am-12.30pm 8 Oct—10 Dec (8 weeks)
Cost: \$20.00 or \$3.00 per class *No class 5 Nov and 3 Dec*

Art and Craft

CREATIVE ART CLASSES

Experiment with different art techniques and mediums including acrylic paint, watercolour paint, print making, charcoal and pastel, mixed media art and fabric art. Produce an interesting new piece of art each week and learn some new art skills. Suitable for all levels. All materials provided.

THURSDAY 12.00pm-2.00pm 9 Oct—11 Dec (10 weeks)
Cost: \$90.00 for 10 weeks or casual \$10.00 per class

BEGINNERS CHRISTMAS CARDMAKING with MARIA

Discover the world of papercraft and enjoy making handmade greeting cards. You will be shown the basics and learn techniques to make cards with fellow crafters. Suitable for card makers of any level.

FRIDAY 10.00am-12.00pm 7 Nov—21 Nov (3 weeks)
Cost: \$20.00 (includes all materials)

CARD MAKING WORKSHOPS

Don't miss these fabulous card-making workshops. Try out different techniques using inks, stamps, dies, and more. Includes materials.

Stampin' Up! With Michelle

WEDNESDAY 10.00am-12.00pm 5 Nov Cost: \$25.00

WEDNESDAY 10.00am-12.00pm 3 Dec Cost: \$25.00

Note: Kit fee of \$10 charged for late cancellations.

MADE WITH LOVE QUILTERS

Made with Love Quilters are a dedicated group of ladies who make quilts for charity. Anyone is welcome to come and help out, all materials supplied to make the quilts. Come for a few hours or stay all day - BYO lunch.

Last FRIDAY of the month 31 Oct, 28 Nov, 12 Dec
Time: 9.30am-2.30pm Cost: \$3.00 per session

CRAFT, CARDS and CHAT—Zoom Group

Craft and chat the night away with like-minded people. Join in if you would like some company, just Zoom in on your phone or device. Sessions are free, zoom link will be sent upon enrolment.

WEDNESDAY 7.00pm-10.00pm 8 Oct—10 Dec (10 weeks)
Cost: Free (Annual enrolment fee payable \$10.00 or \$5.00 conc.)

Health and Fitness

GENTLE CORE STRENGTH WORKOUT

Strengthen, lengthen, trim and tone with this low impact workout for all ages and most abilities. Standing exercise for balance and posture and seated exercises for deep core and hip strength (no floor or mat work). BYO resistance bands. Contact the Centre on 9700 3789 for enquiries.

TUESDAY 1.00pm-1.45pm 7 Oct—16 Dec (10 weeks)
 Or 2.00pm-2.45pm *No class 4 Nov*
COST: \$45.00 per term or \$5.00 per class

GENTLE EXERCISE—FUNCTIONAL FITNESS

Build strength and stability with gentle exercises (standing and seated) for all fitness levels. Improve posture, balance and flexibility through mindful movements that prioritise comfort, safety and progression. Classes can be adapted to suit abilities and requirements. Bookings phone 9700 3789.

FRIDAY* 11.30am-12.15pm 10 Oct—12 Dec (10 weeks)
COST: \$45.00 per term or \$5.00 per class

*Partnering with the Endeavour Hills Leisure Centre for Friday classes.

Activity Groups / Special Interest

For all activities in this section please direct all enquiries to the contacts provided.

ENDEAVOUR HILLS PROBUS CLUB

Endeavour Hills Probus Club is open to all retirees over 55 and holds monthly activities. Our aim is fun and friendship for retirees. For details, just google "Endeavour Hills Probus" or contact Chris on 0422 837 212.

Meetings held 10.00am-12.00pm every 3rd Monday of the month

MEDITATION—FREE classes

Learn meditation on the inner light. A simple but effective method to bring out your innermost qualities, enhance your powers of concentration and benefit you at the physical, emotional, intellectual and spiritual levels. For bookings and enquiries call Sharon 0419 308 475. Free classes.

TUESDAY 1.45pm-2.45pm 7 Oct—16 Dec (10 weeks)

Activity Groups / Special Interest

LYNN'S LEARNING

English and Maths tuition for Prep to Year 10 students. Individualised extension and remedial programs, mathematical skills, creative writing techniques, ICAS, NAPLAN & scholarship preparation. Call to book your free assessment. Find out more at <http://www.lynnlearning.com>

MONDAY 3.45pm-6.45pm 6 Oct—8 Dec (10 weeks)
Bookings: Phone 9796 8779

PILATES with Sina

Come and join our mat Pilates class, suited for all fitness levels. This full-body workout strengthens your core, arms, and legs with controlled movements to improve flexibility, posture, and overall wellbeing. Please bring your own workout mat and drink bottle. For bookings and enquiries phone Sina on 0402 045 768.

MONDAYS, TUESDAYS 7.30pm-8.15pm
THURSDAYS 6.30pm-7.15pm and 7.30pm-8.15pm
Cost: \$10 per session

BOLLYFIT

Spice up your fitness routine with the hottest beats with Bollyfit by NataliG, the ultimate Bollywood inspired workout. Bollyfit combines the elements of high intensity workout with cultural enrichment of Bollywood dance, featuring dance styles such as Bhangra, Bollywood and Hip Hop. Contact Dhakshi on 0420 867 790 for bookings and enquiries.

TUESDAYS 6.30pm-7.20pm
Cost: \$12 per session or 4 classes for \$40. Initial free trial for 1 class.

BOLLYFUSION

BollyFusion is a vibrant and dynamic workout that blends Bollywood music, moves, and energy with dance styles from around the world. Think salsa with Bollywood spice, hip hop with Bollywood flair—the Bolly twist brings it to life. Beginner-friendly and fun, each class is a fun full-body workout. Contact Dhakshi on 0420 867 790 for bookings and enquiries.

THURSDAYS 6.00pm-6.50pm
Cost: \$12 per session or 4 classes for \$40. Initial free trial for 1 class.

Activity Groups / Special Interest

DEAF COMMUNITY HUB

The Deaf Hub brings the deaf and hard of hearing back together through offering various sport, recreation, community and social development programs. Enjoy a variety of social community activities and programs. For further information please contact vic@deafsports.org.au

Deaf Drop-In Centre: Coffee and chat every
1st Thursday of the month, 1.00pm-4.00pm

YOGA

Introducing Yoga classes for everyone. Learn Yoga, relaxation and meditation. Dress comfortably and bring your own yoga mat along. For bookings and enquiries call Sharon [0419 308 475](tel:0419308475).

TUESDAY 3.00pm-4.00pm 7 Oct—16 Dec (10 weeks)
Cost: \$50.00 for the term or \$5.00 per class *No class 4 Nov*

ZUMBA / LATIN DANCE FITNESS

Zumba combines hypnotic Latin rhythms and easy to follow moves to create a unique fitness program that is so much fun you won't even count it as hard work. Phone Claudia on [0481 170 788](tel:0481170788) for bookings and enquiries.

WEDNESDAY 7.00pm-8.00pm Cost: \$15.00 per class

LINE DANCING

Join this fun, beginner-friendly line dancing class. Learn simple steps, improve coordination, and enjoy great music in a welcoming atmosphere. Perfect for all ages and skill levels. No partner needed—just bring your enthusiasm and let's dance!

For bookings and enquiries contact Maria [0400 866 887](tel:0400866887) (message only).

FRIDAYS 1.00pm-2.30pm Cost: \$8.00 per class

PILATES—BEGINNER MAT CLASS

This class focuses on core stability, flexibility, postural control, breathing, alignment and rehabilitation. Suitable for all ages and fitness levels. Please bring a mat, towel and drink bottle. For bookings and enquiries phone Leigh on [0422 438 774](tel:0422438774).

MONDAYS 9.45am-10.45am—Beginners
10.45am-11.45am—Intermediate/Advanced

Activity Groups / Special Interest

LATIN STREET SALSA

This 9-week beginner course introduces you to the vibrant world of Latin Street Salsa. You'll learn the foundation of salsa steps and moves, how to count to the music, and build confidence as you progress.

By the end of the course, you'll have excellent knowledge of key salsa moves and be able to dance with rhythm and style. No previous dance experience or partner required. Taught by an experienced instructor with over 30 years of experience. Bookings call Claudia on 0481 170 788.

MONDAY 7.30pm-8.30pm

6, 13, 20 Oct; 3, 10, 17 Nov and

Cost: \$200 for 9 weeks; \$30 casual

1, 8, 15 Dec

Room Hire

Function Rooms

Two multipurpose function rooms for regular or casual hire. Seats 60-70 people, suitable for presentations, concerts, classes, meetings, and special occasions. Features: moveable tables, 70 chairs, whiteboard, kitchen access (for reheating and serving food/refreshments only—no cooking on premises).

Meeting Room

A meeting room for regular or casual hire—seats 10-15.

Suitable for meetings, classes, consultations, and networking.

Features: moveable tables and chairs, whiteboards, TV, tea and coffee making facilities available in the kitchen.

Special rates applicable for community not-for-profit groups (conditions apply). For bookings and further information please phone **9700 3789**.

OTHER GROUPS WHO ATTEND THE CENTRE

- ❖ At Work Australia - Monday to Friday
- ❖ WISE Employment - Mondays, Tuesdays and Thursdays
- ❖ Probus - 3rd Monday of the month 10.00am-12.00pm - all retirees welcome
 - ❖ Brazilian Assembly of God (Portuguese/English) - Sundays 10.30am
 - ❖ Afghan Australian Philanthropic Association - Mondays
- ❖ Arabic Language and Tajweed Institute - Sundays during school terms

Our Team

Kathryn Holden
Manager

Cathy Froiland
Program Co-ordinator

Get in Touch

Email: info@ehillsnc.org.au

Phone: (03) 9700 3789

Office Hours:
Monday to Friday 9.00am-3.00pm
Closed school and public holidays

Address:
Lower Level
10 Raymond McMahon Blvd
Endeavour Hills 3802

Postal Address:
PO Box 216
Endeavour Hills 3802

We are committed to the safety, participation and empowerment of all children regardless of abilities, age, gender, sexuality, the cultural safety of Aboriginal children and our CALD community and have zero tolerance for child abuse.

We respectfully acknowledge the Traditional Custodians of the lands where we gather—Australia's First Peoples. We pay our respects to their Elders, past and present, and honour their enduring connection to Country.




Belinda Wilson MP

State Member for Narre Warren North

✉ belinda.wilson@parliament.vic.gov.au ☎ 03 9706 0566
🌐 belindawilson.com.au 📱 [belindawilsonvic](https://www.facebook.com/belindawilsonvic)
📍 Shop 101, Endeavour Hills Shopping Centre, Matthew Flinders Ave, Endeavour Hills.

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Our mission is to provide a friendly, inclusive environment that encourages participation from our diverse community, through a broad range of activities fostering social interaction and life-long learning.

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Ph: 9700 3789 | www.ehillsnc.org.au | info@ehillsnc.org.au
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Bus Routes: 845, 849 & 861 Dandenong to Endeavour Hills/Mossgiel Park